



All Glorious Within

“The King’s daughter is all glorious within.” Psalm 45:13

Volume 1, Issue 1

“SPEECH”

January–March 2006

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Editorial Column

Greetings in the name of our Lord and Saviour Jesus Christ! I pray that you would be blessed through the first issue of All Glorious Within. Due to the copyrights on another publication of the same name, this publication is no longer the Christian Chronicle.

The entire context of Psalm 45 may give a little clarity on our theme verse (Psalm 45:13); I would recommend you to read it, especially verses 10 and 11.

About the publication’s themes—After this issue, we will most likely focus on **character**. There are so many qualities to focus on that it will probably take a few years! Please consider submitting content in the future for character issues. Thank you. ♡

About All Glorious Within

Co-edited by my parents, this publication is edited and published by Karissa Hiebert. Contact me at: www.allgloriouswithin.org/contact.html. ♡

Beautiful Girlhood

Articles in this section are chapters from Mabel Hale’s Beautiful Girlhood. Used by permission from the publishers. Some slight alterations have been made to the text.

That Member, the Tongue

Mabel Hale

That member, the tongue, what a treacherous thing it is! and how many times it brings its owner into trouble! James has said that he who is able to bridle the tongue is a perfect man and is able to govern the whole body. Solomon, the wise man of old, has said that “a word fitly spoken is like apples of gold in pictures of silver.” A word fitly spoken, how good it is! It will heal a heart that is broken and turn away wrath. Kind words are like a fragrant odor that fills all the house. One person who habitually speaks kindly and considerately can soothe and quiet a household. And such words are not hard to give if the heart is in the right attitude, right with God. When one can feel and appreciate the joys and sorrows of others, the right words will come naturally. Unkind words are the fruits of selfishness. No one likes to be spoken to with harsh words, and if the golden rule is remembered and kept, none will be spoken to others. Consider the girl among your associates who is most universally liked, and you will find her to be a girl who sympathizes with others and who is ever ready to speak a kind and encouraging word. There is no amount of brilliancy that can, in the affections of our friends, take the place of kindness of speech.

A girl is known by her words. Generally the first impression she makes upon strangers is made by her speech. Some remark falls upon their ears, and they form an opinion of the speaker founded upon the nature of that remark. If she is heard speaking considerately and sympathetically, they think of her as kind and ladylike; but if

she is loud and boisterous in her speech or if her remark is unkind and spiteful, they form the opposite opinion. Many girls have to overcome prejudice in the minds of others—prejudice which the girls have created against themselves by their own hasty speeches. It never pays to blurt out a harsh or unkind speech, no matter how provoking the occasion may be.

To avoid speaking unkindly at any time it is well to form habits of kindness. Betty had formed the habit of bidding Mother good-bye each morning and noon as she set off for school. This good-bye was spoken in the kindest of tones and with a note of tenderness that cheered her mother all the day. One morning a stranger was present as Betty set off, and as she passed out the door she called back in her usual way, “Good-bye, Mother.” Tears sprang to the stranger’s eyes, and he said, “A girl like that is a treasure. You ought to be happy to have her speak so to you.” Betty’s little farewell, said without a thought, had wonderfully impressed the man for good.

The tongue is an unruly member, and until it is brought into control by the girl herself, it is ever liable to get her into trouble. If the old rule to “think twice before you speak once” can be remembered and obeyed, much trouble and heartaches can be avoided. When all the efforts at controlling a girl’s tongue are made by parents and teachers instead of by the girl herself, it is like trying to stop a faucet by putting your hand over it. The pressure from within is so strong that ugly words will fly out in spite of their efforts. But when the girl undertakes the task herself, she is able to turn the pressure off so that the words flow smoothly. Not that it will be without a struggle, but

victory is ahead for every girl who will strive for this in Christ's strength.

Every girl should form the habit of speaking in a gentle tone. While she is young the vocal organs can be trained to give out soft tones. Who is it who does not admire a soft and tender tone in a woman's voice? I have always felt sorry for older women who have from childhood spoken in a loud or harsh tone of voice, for it is practically impossible for them to do otherwise now. But girls can have gentle voices if they will.

No girl can afford to be impudent or saucy. One who is such sets a poor estimate upon herself. When a girl is saucy, she shows a lack of respect for her elders and superiors and also a lack of respect for her own good name. Instead of sauciness sounding smart and making a girl appear clever and independent, it shows her to be rude and egotistical. There is nothing lovely or desirable about it, and if indulged in to any extent, it will spoil any girl.

Sauciness is more hateful because it begins at home. Where the girl should be her best she is her worst, for she is always more ugly to her own loved ones than to anyone else. She makes home miserable so far as her influence goes. Mother and Father may endeavor to be kind and just, but at the least reproof or counsel, the mouth of the girl sends out a stinging retort that hurts cruelly. Saucy words cost too much in heartache and tears. They are not found in beautiful girlhood, for where the habit of sauciness is found the beauty of girlhood is spoiled. Words can be like swords, cutting deep, not into the flesh but into the tender heart. The time will come, my young friend, when you will gaze upon the still form of one you loved, and you will regret with tears and sighs the harsh words you have spoken. Do not lay up for yourself sorrow for that time.

The tongue, ungoverned, leads into many wrong channels. By it, unkind remarks are made of absent ones, boasts and threats are littered, evil suspicions spoken,

trouble kindled, and hearts broken. Almost all the sorrow of the world can be traced back to the wrong use of the tongue. If you could learn the history of almost any neighborhood, you would find that someone has suffered, some heart has been wounded or broken, by the gossiping tongue of a neighbor. Gossip of a certain kind is not necessarily wrong. We are naturally interested in the doings of our friends and like to talk their affairs over in a kind way. And it is one of the strongest curbs on evil doings to know that such will be soundly condemned by the neighbors. We should always be ready to condemn evil deeds in a Christ like way. But when this gossip is mixed with a desire to wound or hurt another or when the one who is talking is careless of the results of her speeches, gossip becomes sinful and mean. When gossip becomes backbiting, it is one of the worst of sins. How quickly we would condemn a man who should shoot another in the back when only a short time before he had pretended to be a friend to him; and we despise a dog that nips our heels; the girl who will talk about her acquaintances behind their backs and pretend friendship to their faces is just as mean. Any way we view it, evil speaking and backbiting are wrong and entirely unbecoming to beautiful girlhood.

The apostle James has written a few verses upon the evils into which the tongue can lead us, and we shall do well to read them at this time: "If any man offend not in word, the same is a perfect man, and able also to bridle the whole body. Behold, we put bits in the horses' mouths, that they may obey us; and we turn about their whole body. Behold also the ships, which though they be so great, and are driven of fierce winds, yet are they, turned about with a very small helm, withersoever the governor listeth. Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! And the tongue is a fire, a world of iniquity: so is the tongue among our

members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell. For every kind of beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind: but the tongue can no man tame; it is an unruly evil, full of deadly poison. Therewith bless we God, even the Father; and herewith curse we men, which are made after the similitude of God. Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be. Doth a fountain send forth at the same place sweet water and bitter? Can the fig tree, my brethren, bear olive berries? either a vine, figs? so can no fountain both yield salt water and fresh. Who is a wise man and endued with knowledge among you? let him show out of a good conversation his works with meekness of wisdom" (James 3:2-13). ♡

Featured Articles

All articles in this section this issue are taken from www.thekingsdaughtermag.com

A Matter of Life and Death

Jennifer Schlaudt

You have in your possession the most lethal force man's imagination can contrive. It is a scourge, a world of iniquity, a sharp sword, an unruly evil, full of deadly poison.

Just what is this force? None other than the tongue. Each of us carries one of these little weapons, though some brandish it more boldly than others. To every one of us, then, has been committed a solemn charge.

"Death and life are in the power of the tongue," stresses Proverbs 18:21. We find in the tongue the power for the greatest evil and also the greatest good. We can choose to restrain the malicious inclinations of our tongues and speak instead words of life that soothe, heal, and build. Or we can choose to thrust aside enriching words and spew out words of death that scorch, pierce, and demolish.

The issue is crucial. If we claim to love God but cannot bridle our tongues, He

brands our religion “vain” [worthless] (James 1:26). Join me then on a quest to discover further insights in God’s Word about the tongue. After all, this is a matter of life or death.

In one way or another, most of us have witnessed the destructive properties of a razor-blade. Handled carelessly or with brutal expertise, it can inflict terrible pain, disfiguration, or even death. “Thy tongue deviseth mischiefs,” writes David, “like a sharp razor, working deceitfully” (Ps. 52:2). A deceptive tongue has as much deadly potential as any freshly sharpened tool. No wonder God hates lying! Deceit is contrary to His very nature. Among the seven things God abhors, a lying tongue is mentioned twice (Prov. 6:16-19).

Girls, refuse to promote death, and resolve instead to bring life with your words. “Keep thy tongue from evil, and thy lips from speaking guile” (Ps. 34:13). For “the tongue of the wise is health” (Prov. 12:18). Lying is a gesture of hatred (Prov. 26:28). God’s children must embrace the opposite, “speaking the truth in love” (Eph. 4:15).

Steep yourself in impeccable honesty. Decline to indulge in even slight alteration of the truth, such as exaggeration or sinfully motivated understatement. As tempting as it is for some of us who are more talkative to stretch the facts for a more sensational effect, we must realize that any departure from the truth is a deception. Ask the Holy Spirit to convict you of even small dishonesties and to help you break such harmful habits.

In addition to confining our words to the realm of truth, we must also proclaim God’s words of truth to the world. So many people around us are chained in darkness, and the entrance of His Words brings light (Ps. 119:130). Sharing the Gospel of Jesus proclaims liberty to the captives (Is. 61:1), because the truth sets us free from sin’s shackles (John 8:32)! Like the disciples, we, too, are commanded to preach the good news. Our tongues can bring the message

of eternal life to dying souls all over the world!

Those of us who strengthen our tongues through regular exercise ☺ have probably all experienced the acute urge to exalt ourselves with our words. Impressing our friend with a witty come-back to her question, silencing a troublesome sibling with a crushing retort, or even dominating the dinner table conversation is often our natural inclination. We think we make ourselves look smarter and better by putting others down.

Yet this urge is the voice of pride within us. “In the mouth of the foolish is a rod of pride,” God says (Prov. 14:3), and we know that “pride goes before destruction” (Prov. 16:18). Wielding our arrogance in our speech foolishly invites destruction and conflict. According to the Proverbs, “He that is of a proud heart stirreth up strife,” (Prov. 28:25) and, “As coals are to burning coals...so is a contentious man to kindle strife” (Prov. 26:21).

Applying our tongues to express our conceit is as dangerous as feeding a forest fire. The attitudes behind our words stir the hearers to resentment, and arguments inevitably follow. Paul warns “...not to strive [or battle] about words to no profit, to the subverting of the hearers” (2 Tim. 2:14). In contrast, “the wisdom that is from above is... peaceable, gentle, and easy to be intreated...the fruit of righteousness is sown in peace of them that make peace” (James 3:17-18). Here is life through the tongue – humbly avoiding strife and promoting peace.

Instead of exalting ourselves with our tongues, the Bible urges us to magnify the Lord. “Let my mouth be filled with Thy praise and with Thy honor all the day... I will hope continually, and will yet praise Thee more and more...and hitherto have I declared Thy wondrous works” (Ps. 71:8, 14, 17).

“By Him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to His

name” (Heb. 13:15). Proclaiming God’s praise sets our focus on His greatness and restores a proper perspective of ourselves.

Do you know what adulation is? It is excessive or insincere praise and attention offered by one person to another – flattery. The motive for flattery is the personal gain of the flatterer – advancing a selfish agenda in some way. “A man that flattereth his neighbor,” Proverbs 29:5 states, “spreadeth a net for his feet.” “Buttering someone up,” as the saying goes, is laying an ambush in their path, baiting a snare, and can cause them to stumble.

This leads us to another deadly sin – gossip. Gossip is spreading personal information about others. Passing along information about someone else to make a sensation is a recipe for poison! We are commanded to speak the truth in love with our tongues and to build up our sisters in Christ. Participating in gossip, then, is forbidden to daughters of the King. “The words of a talebearer are as wounds, and they go down into the innermost parts of the body.” (Prov. 18:8). Gossip can also lead to false rumors. Repeating gossip or rumor to someone else releases that poison into her mind.

Closely related to gossip is slander. Slander is an untrue statement or charge made against a person to damage their reputation. It goes hand-in-hand with backbiting, saying spiteful things about someone behind his or her back. God emphasizes that “he that uttereth slander is a fool” (Prov. 10:18).

Sisters, “Let all...evil speaking be put away from you, with all malice” (Eph. 4:31). Choose to arm your tongues with the law of kindness, as did the virtuous woman of Proverbs 31 (vs. 26).

Purpose to edify others with your words and overcome evil with good. “Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.” (Eph. 4:29). “...Edify one

another..." (1 Thess. 5:11), and "Exhort one another daily" (Heb. 3:13).

The potential for life-giving encouragement from our tongues is marvelous. Let's look for opportunities to exercise it! Praising our brothers, sisters, parents, coworkers, and friends for a job well-done or a Christ-like spirit is such a simple thing. Yet we so often neglect to do it, arguing busyness or inconvenience. Sensing that someone is having a hard day and sharing a word of encouragement can impact their life far more than we realize! Speak out when praise or encouragement is needed! And shun flattery, gossip, and slander. It's a matter of life or death.

Perhaps you know someone who seems to love the sound of her own voice. Or perhaps you are someone who likes to express yourself frequently. It is certainly good to be personable, free to discuss a wide range of topics. But the conversations shaped by our tongues should be more than friendly and engaging. They should be profitable, not a stream of words with no real purpose. Jesus says that "every idle word that men shall speak, they shall give account thereof in the day of judgment." (Matt. 12:36). **Wow.** This is no laughing matter. Some of my silly girlish whispers or cranky snarls do not seem so harmless anymore.

It is not enough to refrain from speaking evil with our tongues; we must also commit to make every word count for the Lord and to avoid pointless chattering. When we purpose to speak truth instead of lies, God's praise instead of our praise, edification instead of flattery and gossip, then we are speaking profitable things. Truth is profitable; God's praise is profitable; edification is profitable – inexpressibly so!

Replace idle words with timely words. A word spoken at the right time is precious, "like apples of gold in pictures of silver." (Prov. 25:11). "Pleasant words are as an honeycomb, sweet to the soul, and health to the bones." (Prov. 16:24).

A discreet tongue brings life and prosperity – direct contrasts to death and

destruction! Weigh your words carefully. Before you speak, ask yourself, "Is this needful? Is it helpful? Is it cheerful and kind?" If the answer is no, bite your tongue! Ask the Lord to give you discretion, a sense of when to say something and when to say nothing. Ask Him to use your words to bring life to the hearers and glory to His Name.

If your tongue is your weakness, always breaking loose and wreaking havoc, pray the prayer of David in Psalm 141:3: "Set a watch, O LORD, before my mouth; keep the door of my lips." Our gracious God has promised, "The LORD is nigh unto all them that call upon Him... He also will hear their cry, and will save them" (Ps. 145:18, 19). He stands ready to strengthen you "with might by His Spirit in the inner man" (Eph. 3:16) – you need only ask!

"Let the words of my mouth, and the meditation of my heart, be acceptable in Thy sight, O LORD, my strength, and my Redeemer." – Psalm 19:14. ♡

Why Did I Say That?

Lisa Bode

Why did I say that? A friend and I were chatting, and suddenly I opened my mouth and out came a stinging critical comment. Hours later I agonized. How could I have been so insensitive? Where did that rude sentiment come from? I'd never intended to come across that way.

Have you ever felt the same way, wishing you could press rewind on life and undo an impulsive statement? Ridiculing your sister amidst the tension of making lunch, repeating an off-color joke in a fun conversation with friends, wounding your mother with an angry accusation during a disagreement. Where do those words come from? We didn't intend them, didn't plan them, didn't want them, but in the heat of the moment we opened our mouths and – out they came.

Jesus gives us an interesting insight in Matthew 12:34: "...For out of the abundance of the heart the mouth

speaketh." And a few chapters later He repeats Himself: "But those things which proceed out of the mouth come forth from the heart; and they defile the man." – Matthew 15:18.

Where do those impulsive statements, those words so quickly regretted, where do they come from? They don't just come from nowhere. They come from the heart. The words we never meant to say spring directly from our thoughts.

That's why I criticized my friend so harshly. I'd spent the previous week dwelling on critical thought – comparing myself with others, figuring that I was more spiritual, rejecting them and their activities and ideas. I didn't intend to think these thoughts, and I certainly didn't intend to speak them as words. And yet I allowed them to fester in my mind. I particularly remember one instance when I drove through the small town of Hamilton, letting my mind wander down a long list of critical thoughts all the way home. No wonder, when I found myself in a friendly conversation, did those thoughts suddenly take the form of words. They were just waiting for an opportunity to express themselves.

Our thoughts define our personality. Our thoughts determine our outlook on life. Our thoughts direct our words and actions. We are what we think!

Dear sisters, trying to control the tongue is a wise effort. All of us should pay careful attention to the words we say, and all of us should work to avoid evil and to speak what is right. But unless we also learn to control our thoughts, unless we first shine the light of God's Truth on the heart, any attempt to control the tongue will be vain hypocrisy. It's like painting a dying plant green, when what it really needs is water.

We must get to the root of the problem. The true solution to wrong words is not silence, or a superhuman effort to just be nice. The root of wrong words is simply this: wrong thoughts. The solution to the problem is then obvious: right thoughts.

It's easy to ignore the thought life. We want to please people, and we often judge our righteousness by how accepted and affirmed we are. People notice, and praise or criticize, our words and actions. God is different. "...for the LORD seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart." – 1 Samuel 16:7.

Thoughts do not fall outside the realm of right and wrong. Jesus made that clear in the Sermon on the Mount. The act of murder is sin. But the one who thinks a murderous thought is equally guilty. God sees and judges our innermost thoughts. "For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the thoughts and intents of the heart." – Hebrews 4:12.

If you are like me, that's a discouraging realization! Words and actions are difficult enough to control. But controlling my thought life? Thoughts tend to run away from me, like a million ants in a million directions, some right, some wrong. I'm innocently driving to the store or taking a shower, cleaning the kitchen or trying to fall asleep at night, and my thought life starts up. It's easiest to just lie victim, to let my thoughts take over and run wherever they please. Down into the dregs of impurity, through the valleys of bitterness and rejection, wandering through criticism and comparison, worry and fear. I'm not doing or saying anything wrong. Is this still wrong?

Yes, it is still wrong. And these thoughts, if allowed to run free in my mind, will eventually express themselves in my words and actions. These thoughts will drain my joy and destroy my perspective.

God lays before us a directive in His Word. "Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into

captivity every thought to the obedience of Christ." – 2 Corinthians 10:5.

Controlling your thought life is difficult. But it is not impossible! God never fails to enable us to obey His commands, which means in this case that He will give, that He in fact has given to you and me the grace we need to control our thoughts, and not be controlled by them. We must take every thought, these millions of scurrying ants, captive, and bring them under the light of His Truth.

The thoughts that are wrong we must reject. In a practical sense, this means that as I'm driving home through Hamilton, I recognize my critical thoughts as sin. I repent before God. And I immediately direct my thoughts in a right direction.

What is a right direction? What should you and I think about – on the road, in the shower, doing dishes, falling asleep?

Focus your thoughts on Jesus Christ and on His character. Let your mind dwell on His work in your life, and His Truth proclaimed in His Word.

I'm not talking about some "super-spiritual" exercise like reciting Scripture all day long to try to earn extra brownie points with God. I'm talking about the special delight of focusing my thoughts on what is true and lovely. Instead of thinking on bitterness and criticism while I comb my hair, I try to be thinking things like:

"God chose me before the foundation of the world. He loves me with an everlasting love. He will never leave me nor forsake me. This specific situation He's working out for my good. He has prepared good works for me to do today. What might they be? How should I do them? Who can I love today?"

Do these thoughts come naturally? No. I must actively choose to think them.

And where do these thoughts originate? The Word of God. I must spend time daily reading and studying His Word, memorizing it as I am able, immersing my mind in His Truth, and thereby recognizing which thoughts are lies.

The devil is always looking for a foothold in our thoughts. We are sinful by nature, and temptation continues. Daily the struggle against wrong thoughts repeats itself. But it must be a struggle – we must not give in!

Wrong thoughts rejected. Right thoughts accepted. And the next step will flow naturally. We will open our mouths to speak, in the heat of the moment, at the peak of a conversation, and our words will reflect where our minds have been. In the Word of God. ☺

The Tongue **Mrs. Valerie Ellis**

Our tongue. It seems so small and insignificant. We hardly even notice it's there unless we bite it or burn it! Yet, based on the amount of Scripture having to do with our tongue, it is not insignificant at all! Why do we need so much instruction on the use of our tongue? Because, if left to itself, our tongue will cause us untold problems and misery.

This little member of our body is so important to us spiritually. As a daughter in the home of her parents, or as a mother with children of her own, our tongue is one of the most significant influences on our families. No matter how many practical homemaking skills we have mastered which are of benefit to our families, no matter how well we may decorate or how well we keep our homes, if we have not mastered our tongue, we can destroy our family. Let's look at some of the instructions the Lord has given us.

First, the Bad News

The third chapter of the book of James is one of the main Scripture passages on the tongue. James, the Lord's brother, is the author of this book. James' main focus is on practical Christianity – being "doers of the Word, and not hearers only" (James 1:22). James, growing up with Jesus, saw what it was to have a tongue under control. He never heard Jesus say one thing which He later would regret. He never heard Jesus

speaking with deceit. He never heard Jesus lash out at someone in anger in order to hurt them. James is definitely someone we can learn from in regard to our tongue!

“Behold, we put bits in the horses’ mouths, that they may obey us; and we turn about their whole body. Behold also the ships, which though they be so great, and are driven of fierce winds, yet are they turned about with a very small helm, whithersoever the governor listeth. Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell.” - James 3:3-6.

Just as we can turn the whole horse with a small bridle, or a whole ship with a little rudder, our tongue, though it is small, can do great things. Our tongue is capable of great blessing or great damage. Also, just as a small fire can start a great fire, so is our tongue responsible for starting so many big problems! The whole body is often drawn into sin and guilt by our tongue. Hell itself uses our tongue to accomplish its purpose.

“For every kind of beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind: But the tongue can no man tame; it is an unruly evil, full of deadly poison.” - James 3:7-8.

Man has been able to tame all kinds of beasts, birds, serpents, etc., but no one has been able to tame her tongue. Our tongue is totally evil and full of deadly poison. What does “tame” mean? According to the dictionary, tame means, “not wild; obedient”. Imagine asking a lion tamer if his lion is “tame”, and he replies, “Sure! He only eats one or two people a month!” Would you consider that lion “tame”? Of course not! And a tongue that devours one or two people a month is not tame either!

“Therewith bless we God, even the Father; and therewith curse we men, which are made after the similitude of God. Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be.” - James 3:9-12.

James brings out another problem with our tongues – they are so contradictory! We use our tongue to praise God, pray, sing praises, and bless God, and then we turn around and use the same tongue to turn upon our families, friends, and other human beings and slander, gossip, put them down, etc. James exclaims, “My brothers, these things ought not to be so!”

Jesus also taught on the tongue. He gave us two very important principles.

“For out of the abundance of the heart the mouth speaketh.” - Matthew 12:34.

Our words give away the condition of our heart. What is in our heart eventually shows itself in our words. We all know this by experience. When we meet someone, we can tell a lot about their character by the way they talk – what they talk about and the words they use. Sometimes we can put on good behavior for a time, but eventually we will give away the condition of our heart.

“But I say unto you, that every idle word that men shall speak, they shall give account thereof in the day of judgment. For by thy words thou shalt be justified, and by thy words thou shalt be condemned.” - Matthew 12:36-37.

We will have to give an account of every idle word we speak!

Now, the Good News

Recognizing the condition of our tongue (wild, disobedient, and destructive), how it reveals what is in our heart, and how we must give an account for our words is bad news. But, there is some good news also!

The Lord has given us ample and very explicit instruction on how to use our tongue. We do not have to wonder what is the right or wrong way to speak. The Lord does not expect us to figure it out on our

own or to come up with our own rules; He has told us how to use our tongue! The following is a sample list – the Bible is full of others as well.

DO

- Pray (1 Thess. 5:17)
- Speak only the truth (Prov. 15:2)
- Keep a commitment (Ps. 15:4)
- Encourage and edify others (Heb. 3:13)
- Speak with kindness (Prov. 11:16)
- Rejoice (1 Thess. 5:16)
- Speak the marvelous works of God (1 Chron. 16:24)
- Speak pleasant words (Prov. 16:24)
- Praise God (Ps. 22:23)
- Build up others (1 Thess. 5:11)

DO NOT

- Flatter (Ps. 12:3)
- Backbite (Ps. 15:3)
- Lie (Prov. 6:17)
- Gossip (Prov. 11:13)
- Slander (Lev. 19:16)
- Speak evil of another (Prov. 15:28)
- Be sarcastic (Eph. 4:29)
- Have a perverse tongue (Prov. 17:20)
- Talk too much (Prov. 10:19)
- Boast (Ps. 12:3)
- Speak with guile (Ps. 34:13)
- Be double-tongued (1 Tim. 3:8)
- Be a talebearer (Prov. 11:3)
- Speak quickly (Prov. 15:2, 28)
- Be deceitful (Ps. 52:2,4)
- Stir up strife (Prov. 25:24)

Help from God

We are not left to ourselves to work these things out, either! James told us that no one can tame her tongue, but God can! Not only has the Lord told us how to use our tongue, but He will help us to use it, also! The Lord knows the weakness of our human flesh and He wants us to depend on Him. How do we do this?

1. Recognize what God wants us to do by reading His Word.
2. Recognize how far we fall short. Meditate and pray as David did, “Search me, oh God,

and know my heart. Try me and know my thoughts. See if there be any wicked way in me, and lead me in the way everlasting.” (Psalm 139:23-24)

3. When He has shown us where we have fallen short in the area of our tongue, confess the sin, ask forgiveness, and submit our tongue to Him (Rom. 12:1-2).

4. Recognize that this is a continual process. We must work at it and learn to think before we speak!

Rewards

And finally, there are rewards for obeying the Lord in the area of our tongue.

1. We will become a “vessel fit for honor” which the Master can use (2 Tim. 2:20-21). I have never seen the Lord use someone in a significant way who did not have a tame tongue.

2. We will keep our soul from trouble (Prov. 21:23).

3. We will keep our life (Prov. 13:3).

4. We will be spiritually mature; our religion will not be useless. (James 1:26)

If we can learn to allow the Lord to tame and control our tongue, we will surely be a blessing to our families. The Lord will use us in wonderful ways to build up and edify His people. We will see spiritual progress in the lives of others with whom we come in contact, and we will leave a legacy for our children. Our families will be able to say of us Proverbs 31:26, “She openeth her mouth with wisdom; and in her tongue is the law of kindness.” We will definitely be rewarded both in this life and in the one to come! ❖

Interview

“Sound Speech”
Mrs. Sheila Hiebert



Titus 2:8—“Sound speech, that cannot be condemned...”

Could you share what led you to pursue sound speech, and why you believe it is important? Could you share some practical advice in controlling the tongue? What other wisdom can you share from your own experience in regards to this subject? What verses have been helpful to you in the area of speech?

There are many things one could say on this subject.

First, all the credit, praise and glory goes to my God and King who by His Spirit began a powerful work in my life. His grace, the desire and power to do His will, caused(s) me to be shed of the old man and to become new. Ps. 51:6 says, “Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom.” John 14:6 says “Jesus saith unto him, I am the way, the truth, and the life; no man cometh unto the Father, but by me.”

“Sound speech” to me, means not to exaggerate or stretch the truth to draw attention to myself. “Sound speech” would include praising others’ character, not abilities or looks. Encouraging, instead of tearing down. Most of all, as I Cor. 13:1 says, “Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass or a tinkling symbol.” Oh, to be like Him, filled with His genuine love.

Gal. 2:20 says, “I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.” Every member of my body is filled with Christ, and then it is His Spirit working in me, convicting me of sin. Then it is up to me to confess my sin that I might be cleansed from all unrighteousness. The more I learn to keep my mind “stayed” on Him, praising Him, walking in the

Spirit, and praying without ceasing, the more I am able to see others through His eyes. Matt.25:40b—Jesus says, “Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.” This verse shows me that a negative thought or word spoken against someone else is really done to Jesus, because He made everyone. Phil. 2:3 adds to that, “Let nothing be done through strife or vainglory, but in lowliness of mind let each esteem other better than themselves.” The mind and the heart are so intertwined as seen in Matt. 12:34b, “...for out of the abundance of the heart the mouth speaketh.” There is much wisdom that comes out of James 1:19, “Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath.” To be able to “do” this verse, I have needed to slow down, so that I am more able to listen, not only with my ears but also with my heart. ❖

Poetry and Prose

Don’t Say It!
Author Unknown

If all that we say
In a single day,
With never a word left out,
Were printed each night
In clear black and white,
T’would prove queer reading, no doubt.
And, then, just suppose,
‘Ere our eyes we could close;
We must read the whole record through.
Then wouldn’t we sigh,
And wouldn’t we try
A great deal less talking to do?
And, I more than half think,
That many a kink
Would be smoother in life’s tangled
thread,
If half that we say
In a single day,
Were left forever unsaid. ❖

Practical Applications

- ♥ Ask the Lord for the strength you need to control your tongue! ☺ Spend lots of time with the Lord, and keep your focus on Him every moment. Meditate on Him and talk to Him all through the day.
- ♥ Put your speech under the tests of Phil. 4:8, James 3:17, etcetera.
- ♥ Replace unprofitable speech with edifying speech.
- ♥ When speaking of someone else or when in a conversation where others are being spoken of, ask, "Is this something the Lord Jesus would say about them? Is this something I would want others to say about me? Is this something I could say in front of them in a loving way? Will this build up or tear down? Will this tarnish their reputation in any way?"

Holly Hageman

(from www.thekingsdaughtermag.com):

"She openeth her mouth with wisdom; and in her tongue is the law of kindness."

Words can be used to destroy and to tear down. Or they can be used to build, strengthen, and encourage. "Heaviness in the heart of man maketh it stoop: but a good word maketh it glad." – Proverbs 12:25.

There is a process to speaking good words! "...out of the abundance of the heart the mouth speaketh." – Matthew 12:34. In order to speak good words, we must ask God to cultivate His wisdom in our hearts.

Specialize in right thoughts! Developing right thoughts will bring forth right words. Filling our minds with the Word of God is how we can prepare ourselves to speak good words to those who need encouragement. Words are powerful, and we need to have our words guided by the Spirit of God.

As our words are surrendered to the Lord, He will use them to do His work in the lives of others. "A man shall be satisfied with good by the fruit of his mouth: and the recompence of a man's hands shall be rendered unto him." – Proverbs 12:14. 🍀

Reputable Reviews

The following cassette tape can be ordered free of charge from Charity Gospel Tape Ministry, 400 Main St. NW, Ephrata, PA 17522, 1-800-227-7902, charityministries.org. You can also call for a free catalogue of other excellent tapes that will be beneficial to your spiritual life.

The Tongue

Keith Daniel

I [Editor] really enjoyed this message. It set a high, godly standard for our speech. I would recommend it to every Christian who wants sound speech.

(This message is tape 2 of 4 in the set "Prayer Advance 1999", which also contains "Finished With the World!", "Salt of the Earth", and "Absolute Surrender".)

Also recommended: Aaron Hurst's "The Tongue." 🍀

Wondrous Words

Job 27:4—"My lips shall not speak wickedness, nor my tongue utter deceit."

Psalm 12—"Help, LORD; for the godly man ceaseth; for the faithful fail from among the children of men. They speak vanity every one with his neighbour: with flattering lips and with a double heart do they speak. The LORD shall cut off all flattering lips, and the tongue that speaketh proud things: Who have said, With our tongue will we prevail; our lips are our own: who is lord over us?...The words of the LORD are pure words: as silver tried in a furnace of earth, purified seven times. Thou shalt keep them, O LORD, thou shalt preserve them from this generation for ever."

Psalm 15:1-3—"LORD, who shall abide in thy tabernacle? who shall dwell in thy holy hill? He that walketh uprightly, and worketh righteousness, and speaketh the truth in his heart. He that backbiteth not with his tongue..."

Psalm 19:14—"Let the words of my mouth, and the meditation of my heart, be acceptable in Thy sight, O LORD, my strength, and my Redeemer."

Psalm 34:13—"Keep thy tongue from evil, and thy lips from speaking guile." (see vs. 12 & 1 Peter 3:10)

Psalm 35:28—"And my tongue shall speak of Thy righteousness and of thy praise all the day long."

Psalm 37:30—"The mouth of the righteous speaketh wisdom, and his tongue talketh of judgment."

Psalm 39:1—"I said, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bride..."

Psalm 49:3—"My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding."

Psalm 51:15—"O Lord, open Thou my lips; and my mouth shall shew forth Thy praise."

Psalm 71:8, 24—"Let my mouth be filled with Thy praise and with Thy honor all the day. My tongue also shall talk of thy righteousness all the day long..."

Psalm 119:172—"My tongue shall speak of thy word: for all thy commandments are righteousness." (see 46)

Psalm 120:2,3—"Deliver my soul, O LORD, from lying lips, and from a deceitful tongue. What shall be given unto thee? or what shall be done unto thee, thou false tongue?"

Psalm 139:4—"For there is not a word in my tongue, but, lo, O LORD, thou knowest it altogether."

Psalm 141:3—"Set a watch, O LORD, before my mouth; keep the door of my lips."

Psalm 145:21—"My mouth shall speak of the praise of the LORD: and let all flesh bless His holy name for ever and ever."

Proverbs 8:6-8—"Hear; for I (wisdom) will speak of excellent things; and the opening of my lips shall be right things. For my mouth shall speak truth; and wickedness is an abomination to my lips. All the words of my mouth are in righteousness; there is nothing froward or perverse in them."

Proverbs 10:20—"The tongue of the just is as choice silver: the heart of the wicked is little worth."

Proverbs 10:31—"The mouth of the just bringeth forth wisdom: but the froward tongue shall be cut out."

Proverbs 12:18—"There is that speaketh like the piercings of a sword: but the tongue of the wise is health."

Proverbs 12:19—"The lip of truth shall be established for ever: but a lying tongue is but for a moment."

Proverbs 14:3—“In the mouth of the foolish is a rod of pride: but the lips of the wise shall preserve them. Proverbs 15:2—“The tongue of the wise useth knowledge aright: but the mouth of fools poureth out foolishness.”

Proverbs 15:4— “A wholesome tongue is a tree of life: but perverseness therein is a breach in the spirit.”

Proverbs 16:1,24—“The preparations of the heart in man, and the answer of the tongue, is from the LORD. Pleasant words are as an honeycomb, sweet to the soul, and health to the bones.”

Proverbs 17:4— “A wicked doer giveth heed to false lips; and a liar giveth ear to a naughty tongue.”

Proverbs 17:20—“He that hath a froward heart findeth no good: and he that hath a perverse tongue falleth into mischief.”

Proverbs 18:2— “Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.”

Proverbs 21:2—“Whoso keepeth his mouth and his tongue keepeth his soul from troubles.”

Proverbs 25:11—“A word fitly spoken is like apples of gold in pictures of silver.”

Proverbs 26:28— “A lying tongue hateth those that are afflicted by it; and a flattering mouth worketh ruin.”

Proverbs 28:23—“He that rebuketh a man afterwards shall find more favour than he that flattereth with the tongue.”

Proverbs 31:26—“She openeth her mouth with wisdom; and in her tongue is the law of kindness.”

Ecclesiastes 10:12—“The words of a wise man’s mouth are gracious; but the lips of a fool will swallow up himself.”

Jeremiah 9:3,5,8—“And they bend their tongues like their bow for lies: but they are not valiant for the truth upon the earth; for they proceed from evil to evil, and they know not me, saith the LORD. And they will deceive every one his neighbour, and will not speak the truth: they have taught their tongue to speak lies, and weary themselves to commit iniquity. Their tongue is as an arrow shot out; it speaketh deceit: one speaketh peaceably to his neighbour with his mouth, but in heart he layeth his wait.”

Zephaniah 3:13—“The remnant of Israel shall not do iniquity, nor speak lies; neither

shall a deceitful tongue be found in their mouth...”

Matthew 12:34,36,37—“...for out of the abundance of the heart the mouth speaketh. But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment. For by thy words thou shalt be justified, and by thy words thou shalt be condemned.”

John 7:18—“He that speaketh of himself seeketh his own glory: but he that seeketh his glory that sent him, the same is true, and no unrighteousness is in him.”

Ephesians 4:29—“Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.”

Philippians 2:11—“And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.”

Colossians 4:6—“Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.”

Titus 2:7-8—“In all things shewing thyself a pattern of good works...sound speech, that cannot be condemned; that he that is of the contrary part may be ashamed, having no evil thing to say of you.”

James 1:19,26—“Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath... If any man among you seem to be religious, and bridleth not his tongue, but deceiveth his own heart, this man’s religion is vain.”

James 3:2-13—“If any man offend not in word, the same is a perfect man, and able also to bridle the whole body. Behold, we put bits in the horses’ mouths, that they may obey us; and we turn about their whole body. Behold also the ships, which though they be so great, and are driven of fierce winds, yet are they, turned about with a very small helm, withersoever the governor listeth. Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell. For every kind of beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind: but the tongue can no

man tame; it is an unruly evil, full of deadly poison. Therewith bless we God, even the Father; and herewith curse we men, which are made after the similitude of God. Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be. Doth a fountain send forth at the same place sweet water and bitter? Can the fig tree, my brethren, bear olive berries? either a vine, figs? so can no fountain both yield salt water and fresh. Who is a wise man and endued with knowledge among you? let him show out of a good conversation his works with meekness of wisdom.”

James 4:11^a—“Speak not evil one of another, brethren.”

1 John 3:18—“My little children, let us not love in word, neither in tongue; but in deed and in truth.” ❖

Our Mission

All Glorious Within is a publication for Christian young ladies. Its goal is to provide conservative, wholesome reading material to inspire girls in their Christian walk, with an endeavor to maintain the centrality of Jesus Christ. If you have questions or concerns, please let me know personally about them. I appreciate suggestions!

This publication is by no means intended to instill or encourage worldly, unbiblical, erroneous, or opinionated principles. If you come across anything in All Glorious Within that fits an above description, please let me know about it.

This issue of this publication has been approved by the co-editors, my parents (Abe and Bernice Hiebert). ❖

Next Issue’s Theme:

**“Character, Part One:
Hospitality, Thriftiness,
Creativity”**

